

Tussen 2 Feesten Loop

Knokke, 26 December 2011, BEL

10.5km

Details

| Pos | Nr | Name | Age | Ligue | Team | Lap 1 | | Lap 2 | | Lap 3 | | Age Group | | | | | | |
|-----|-------|-------------------------------|-----|---------|----------|-------|----------|-------|----------|-------|----------|-----------------|----------|---------|--------|-----|------|-----------------------------|
| | | | | | | Pos | Time | Pos | Time | Cum | Pos | Time | Time | Gap | TKm | Avg | Rang | Name |
| 1. | 870 | VERBEKE Dominique | 40 | | | 1 | 12:25.94 | 1 | 11:04.00 | 1 | 11:16.75 | 34:46.70 | | 3:18.73 | 18.115 | 1 | HER | BREDENE |
| 2. | 977 | BEIRNAERT Thomas | 34 | | | 3 | 12:27.44 | 2 | 11:17.50 | 3 | 11:20.26 | 35:05.21 | +0:18.51 | 3:20.49 | 17.955 | 2 | HER | BEERNEM |
| 3. | 893 | BLEYAERT Bart | 33 | | | 2 | 12:26.93 | 3 | 11:18.00 | 2 | 11:25.26 | 35:10.20 | +0:23.50 | 3:20.97 | 17.913 | 3 | HER | KNESSELARE |
| 4. | 753 | BLONDEEL Thijs | 24 | | | 4 | 12:56.19 | 4 | 11:51.50 | 4 | 12:01.50 | 36:49.20 | +2:02.50 | 3:30.40 | 17.110 | 4 | HER | KNOKKE-HEIST |
| 5. | 795 | DEROUS Stefaan | 45 | | | 5 | 13:23.69 | 9 | 12:03.76 | 7 | 11:56.24 | 37:23.70 | +2:37.00 | 3:33.68 | 16.847 | 5 | HER | SINT-ANDRIES BRUGGE |
| 6. | 796 | DEVRIESE Jimmy | 42 | | | 7 | 13:25.69 | 7 | 12:01.02 | 5 | 11:58.49 | 37:25.21 | +2:38.50 | 3:33.83 | 16.836 | 6 | HER | KNOKKE |
| 7. | 718 | VANDEBUSSCHE Frédéric | 40 | BRANDWE | BRUGGE | 12 | 13:32.94 | 5 | 11:54.75 | 8 | 11:58.76 | 37:26.45 | +2:39.75 | 3:33.94 | 16.826 | 7 | HER | ASSEMBROEK |
| 8. | 708 | YSEBAERT Bart | 33 | | | 11 | 13:32.94 | 6 | 11:55.01 | 9 | 11:59.01 | 37:26.96 | +2:40.26 | 3:33.99 | 16.823 | 8 | HER | ASSEMBROEK |
| 9. | 761 F | DANNEELS Annemie | 49 | | | 8 | 13:26.19 | 8 | 12:01.25 | 6 | 12:11.75 | 37:39.20 | +2:52.50 | 3:35.16 | 16.732 | 1 | VRO | KNOKKE-HEIST |
| 10. | 695 | STOCKMAN Jan | 43 | | | 9 | 13:26.44 | 10 | 12:08.75 | 10 | 12:30.27 | 38:05.47 | +3:18.76 | 3:37.66 | 16.539 | 9 | HER | KNOKKE-HEIST |
| 11. | 14 | BONNE Eddy | 40 | | | 13 | 13:34.94 | 12 | 12:27.51 | 12 | 12:15.00 | 38:17.46 | +3:30.75 | 3:38.80 | 16.453 | 10 | HER | AALTER |
| 12. | 542 | CASSELMAN Dirk | 43 | | | 10 | 13:27.19 | 11 | 12:20.00 | 11 | 12:41.01 | 38:28.20 | +3:41.50 | 3:39.82 | 16.376 | 11 | HER | KNOKKE-HEIST |
| 13. | 880 | DE MEYER Freddy | 54 | | | 14 | 13:39.69 | 14 | 12:30.75 | 13 | 12:28.27 | 38:38.72 | +3:52.01 | 3:40.83 | 16.302 | 12 | HER | DUDZELE |
| 14. | 914 | VERBIEST Karel | 32 | | | 17 | 14:18.20 | 13 | 12:29.25 | 14 | 12:29.01 | 39:16.46 | +4:29.75 | 3:44.42 | 16.041 | 13 | HER | HEIST-AAN-ZEE |
| 15. | 890 | DESTOOP Hein | 49 | | | 20 | 14:28.93 | 15 | 12:40.01 | 16 | 12:26.50 | 39:35.46 | +4:48.75 | 3:46.23 | 15.913 | 14 | HER | RUDDERVOORDE |
| 16. | 736 | VANLERBERGHE Nicolas | 31 | | | 21 | 14:32.94 | 18 | 12:48.50 | 18 | 12:30.26 | 39:51.71 | +5:05.01 | 3:47.78 | 15.805 | 15 | HER | KNOKKE HEIST |
| 17. | 857 | VERSLUYS Danny | 41 | | | 22 | 14:32.96 | 19 | 12:49.01 | 19 | 12:30.01 | 39:52.00 | +5:05.29 | 3:47.81 | 15.803 | 16 | HER | WATERVLIET |
| 18. | 834 | GROENWEGHE Philippe | 52 | | | 28 | 14:49.94 | 16 | 12:41.76 | 22 | 12:22.76 | 39:54.47 | +5:07.76 | 3:48.04 | 15.786 | 17 | HER | KORTRIJK |
| 19. | 762 | VANPARYS Joseph | 51 | | | 16 | 14:17.19 | 17 | 12:45.50 | 15 | 12:57.76 | 40:00.45 | +5:13.75 | 3:48.61 | 15.747 | 18 | HER | RAMSKAPELLE (KNOKKE-HEIST) |
| 20. | 771 | GHSQUIERE Kurt | 37 | | SODIBRUG | 18 | 14:18.20 | 20 | 12:51.99 | 17 | 13:10.51 | 40:20.72 | +5:34.01 | 3:50.54 | 15.615 | 19 | HER | ASSEMBROEK |
| 21. | 807 | THAI-THUC Yann | 22 | | | 15 | 13:55.69 | 41 | 13:38.76 | 23 | 13:02.25 | 40:36.70 | +5:50.00 | 3:52.06 | 15.513 | 20 | HER | KNOKKE-HEIST |
| 22. | 819 | MARTENS Freddy | 34 | | | 19 | 14:26.19 | 22 | 13:02.51 | 20 | 13:23.50 | 40:52.21 | +6:05.50 | 3:53.54 | 15.415 | 21 | HER | OUDENAARDE |
| 23. | 869 | VANWALLEGHEM Alexander | 31 | | | 36 | 15:01.84 | 24 | 13:04.85 | 28 | 12:53.76 | 41:00.47 | +6:13.76 | 3:54.33 | 15.363 | 22 | HER | VELDEGEM |
| 24. | 719 | VANDEBUSSCHE Camiel | 11 | | | 23 | 14:33.69 | 21 | 12:57.01 | 21 | 13:31.25 | 41:01.96 | +6:15.26 | 3:54.47 | 15.354 | 1 | JUH | ASSEMBROEK |
| 25. | 925 | DECLERCK Koen | 41 | | | 34 | 15:01.19 | 26 | 13:05.26 | 27 | 12:56.01 | 41:02.46 | +6:15.76 | 3:54.52 | 15.350 | 23 | HER | OUDENBURG |
| 26. | 19 | VANTORRE Robin | 23 | | | 25 | 14:36.94 | 27 | 13:08.00 | 24 | 13:22.00 | 41:06.96 | +6:20.25 | 3:54.94 | 15.323 | 24 | HER | KNOKKE-HEIST |
| 27. | 778 | MICHIELS Alex | 47 | | | 29 | 14:50.44 | 29 | 13:15.52 | 26 | 13:07.49 | 41:13.46 | +6:26.75 | 3:55.56 | 15.282 | 25 | HER | BRUGGE |
| 28. | 711 | DRYEPONDT Peter | 42 | | | 26 | 14:37.69 | 28 | 13:13.76 | 25 | 13:25.75 | 41:17.20 | +6:30.50 | 3:55.92 | 15.259 | 26 | HER | DUDZELE |
| 29. | 907 | PIETERS Anthony | 31 | | | 38 | 15:06.19 | 23 | 13:04.75 | 29 | 13:14.02 | 41:24.97 | +6:38.26 | 3:56.66 | 15.211 | 27 | HER | ZEEBRUGGE |
| 30. | 709 | VANDER LINDEN Joris | 49 | | | 32 | 14:58.19 | 32 | 13:20.26 | 30 | 13:14.25 | 41:32.71 | +6:46.00 | 3:57.40 | 15.164 | 28 | HER | EL MÉDANO, TENERIFE, SPANJE |
| 31. | 692 | DE COSTER Frederic | 28 | | | 37 | 15:04.19 | 39 | 13:36.50 | 35 | 13:08.01 | 41:48.71 | +7:02.00 | 3:58.92 | 15.067 | 29 | HER | KNOKKE HEIST |
| 32. | 603 | DEVILDER Patrick | 49 | | | 41 | 15:11.00 | 30 | 13:16.95 | 32 | 13:21.50 | 41:49.45 | +7:02.75 | 3:58.99 | 15.063 | 30 | HER | SINT-ANDRIES |

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

Tussen 2 Feesten Loop

Knokke, 26 December 2011, BEL

10.5km

Details

| Pos | Nr | Name | Age | Ligue | Team | Lap 1 | | Lap 2 | | Lap 3 | | Age Group | | | | | | | |
|-----|-----|---------------------------------|-----|-------|---------|-------|----------|-------|----------|-------|------|-----------|-----------------|----------|---------|--------|------|------|----------------|
| | | | | | | Pos | Time | Pos | Time Cum | Pos | Time | Time | Gap | TKm | Avg | Rang | Name | City | |
| 33. | 908 | STUBBE Peter | 44 | | | 39 | 15:08.19 | 34 | 13:28.00 | 33 | 40 | 13:36.51 | 42:12.71 | +7:26.01 | 4:01.21 | 14.925 | 31 | HER | KNOKKE-HEIST |
| 34. | 863 | DE SCHROODER Benny | 31 | | | 35 | 15:01.71 | 37 | 13:35.48 | 34 | 44 | 13:40.51 | 42:17.71 | +7:31.00 | 4:01.68 | 14.895 | 32 | HER | HEIST-AAN-ZEE |
| 35. | 777 | VERFAILLIE Jürgen | 38 | | | 31 | 14:57.44 | 44 | 13:45.50 | 36 | 42 | 13:38.50 | 42:21.46 | +7:34.75 | 4:02.04 | 14.873 | 33 | HER | WESTKAPELLE |
| 36. | 872 | MESTDAGH Tony | 52 | | | 44 | 15:24.44 | 35 | 13:33.00 | 40 | 34 | 13:24.76 | 42:22.21 | +7:35.50 | 4:02.11 | 14.869 | 34 | HER | ASSEBROEK |
| 37. | 879 | VAN HOOFF Eddy | 50 | | | 45 | 15:24.94 | 36 | 13:34.25 | 41 | 38 | 13:32.76 | 42:31.96 | +7:45.25 | 4:03.04 | 14.812 | 35 | HER | BEGIJNENDIJK |
| 38. | 873 | HINOUL Samuel | 19 | | | 30 | 14:52.94 | 46 | 13:50.50 | 37 | 49 | 13:55.76 | 42:39.21 | +7:52.50 | 4:03.73 | 14.770 | 36 | HER | HEIST-AAN-ZEE |
| 39. | 835 | DEVOOGDT Manu | 41 | | | 27 | 14:40.44 | 42 | 13:39.00 | 31 | 69 | 14:20.03 | 42:39.48 | +7:52.77 | 4:03.76 | 14.769 | 37 | HER | ZEEBRUGGE |
| 40. | 884 | VERBURGH Patrick | 43 | | | 58 | 15:44.69 | 31 | 13:20.26 | 42 | 46 | 13:47.51 | 42:52.46 | +8:05.75 | 4:04.99 | 14.694 | 38 | HER | ASSEBROEK |
| 41. | 849 | MAENHOUT Cedric | 14 | | | 59 | 15:45.44 | 38 | 13:36.25 | 44 | 41 | 13:36.76 | 42:58.46 | +8:11.75 | 4:05.56 | 14.660 | 2 | JUH | HEIST-AAN-ZEE |
| 42. | 12 | VAN PARYS Styn | 21 | | | 24 | 14:36.43 | 67 | 14:19.27 | 39 | 59 | 14:10.25 | 43:05.96 | +8:19.26 | 4:06.28 | 14.617 | 39 | HER | DAMME |
| 43. | 743 | DE KEERSMAECKER Marc | 56 | | | 55 | 15:42.19 | 45 | 13:47.76 | 48 | 43 | 13:40.01 | 43:09.97 | +8:23.26 | 4:06.66 | 14.595 | 40 | HER | PUTTE |
| 44. | 803 | VERMEILLE Sebastiaan | 33 | | | 84 | 16:38.20 | 33 | 13:24.25 | 57 | 25 | 13:08.76 | 43:11.21 | +8:24.50 | 4:06.78 | 14.588 | 41 | HER | KNOKKE-HEIST |
| 45. | 918 | WESTERLINCK Stefaan | 33 | | | 39 | 15:08.19 | 43 | 13:43.54 | 38 | 71 | 14:22.48 | 43:14.22 | +8:27.51 | 4:07.06 | 14.571 | 42 | HER | KORTRIJK |
| 46. | 809 | DE COUSSEMAKER Kurt | 30 | | | 73 | 16:24.45 | 40 | 13:37.75 | 56 | 29 | 13:17.26 | 43:19.47 | +8:32.76 | 4:07.56 | 14.541 | 43 | HER | KNOKKE-HEIST |
| 47. | 7 | DHONDT Dick | 35 | | | 42 | 15:15.44 | 59 | 14:11.50 | 45 | 51 | 13:57.51 | 43:24.46 | +8:37.75 | 4:08.04 | 14.514 | 44 | HER | LISSEWEGE |
| 48. | 545 | F VAN DEN BRAENBUSSCHE Benedikt | 40 | | | 49 | 15:30.00 | 49 | 13:59.96 | 49 | 60 | 14:10.49 | 43:40.46 | +8:53.75 | 4:09.56 | 14.425 | 2 | VRO | BRUGGE |
| 49. | 537 | VANDERYSE Guido | 54 | | | 46 | 15:26.19 | 52 | 14:03.01 | 47 | 62 | 14:11.51 | 43:40.72 | +8:54.01 | 4:09.59 | 14.423 | 45 | HER | DAMME |
| 50. | 776 | ROELENS Benny | 46 | | | 53 | 15:40.69 | 75 | 14:32.50 | 58 | 36 | 13:29.76 | 43:42.96 | +8:56.25 | 4:09.80 | 14.411 | 46 | HER | ST-ANDRIES |
| 51. | 820 | VANDEWIELE Frederiek | 27 | | | 33 | 14:59.68 | 66 | 14:17.27 | 43 | 73 | 14:26.25 | 43:43.22 | +8:56.51 | 4:09.83 | 14.410 | 47 | HER | ZEEBRUGGE |
| 52. | 814 | PETEN Cedric | 38 | | | 47 | 15:27.19 | 53 | 14:05.01 | 50 | 61 | 14:11.50 | 43:43.71 | +8:57.00 | 4:09.87 | 14.407 | 48 | HER | KNOKKE-HEIST |
| 53. | 694 | F VAN BIERVLIET Dominique | 43 | | | 60 | 15:46.44 | 55 | 14:08.50 | 55 | 47 | 13:51.50 | 43:46.46 | +8:59.75 | 4:10.13 | 14.392 | 3 | VRO | KNOKKE-HEIST |
| 54. | 548 | SWANKAERT Benjamin | 33 | | | 57 | 15:43.95 | 51 | 14:01.99 | 52 | 54 | 14:06.26 | 43:52.21 | +9:05.50 | 4:10.68 | 14.361 | 49 | HER | EEKLO |
| 55. | 829 | F VERMEERSCH Nicole | 46 | | | 56 | 15:43.44 | 50 | 14:01.76 | 51 | 65 | 14:15.00 | 44:00.21 | +9:13.50 | 4:11.44 | 14.317 | 4 | VRO | BLANKENBERGE |
| 56. | 866 | VAN LANGENHOVE Nico | 34 | | | 43 | 15:18.44 | 57 | 14:09.76 | 46 | 86 | 14:41.46 | 44:09.67 | +9:22.96 | 4:12.35 | 14.266 | 50 | HER | BRUGGE |
| 57. | 831 | VERFAILLIE Glen | 20 | | | 51 | 15:36.44 | 62 | 14:14.27 | 54 | 75 | 14:30.02 | 44:20.74 | +9:34.03 | 4:13.40 | 14.207 | 51 | HER | BRUGGE |
| 58. | 859 | SNAUWAERT Rafael | 49 | | | 85 | 16:38.70 | 47 | 13:53.49 | 67 | 48 | 13:52.76 | 44:24.96 | +9:38.25 | 4:13.80 | 14.184 | 52 | HER | KNOKKE-HEIST |
| 59. | 766 | BATTEAUW Philippe | 57 | | | 62 | 15:55.22 | 72 | 14:28.23 | 61 | 53 | 14:02.75 | 44:26.21 | +9:39.50 | 4:13.92 | 14.177 | 53 | HER | KNOKKE-HEIST |
| 60. | 751 | PISTOLESI Sebastiano | 39 | | | 70 | 16:19.45 | 74 | 14:29.25 | 73 | 45 | 13:46.76 | 44:35.46 | +9:48.75 | 4:14.80 | 14.128 | 54 | HER | KNOKKE-HEIST |
| 61. | 750 | CALEBOUT Stefan | 40 | | TV ZWIN | 61 | 15:47.94 | 77 | 14:36.75 | 63 | 66 | 14:15.27 | 44:39.97 | +9:53.27 | 4:15.23 | 14.105 | 55 | HER | KNOKKE-HEIST |
| 62. | 830 | F VIANE Ruth | 45 | | | 72 | 16:22.69 | 54 | 14:07.77 | 66 | 58 | 14:10.00 | 44:40.47 | +9:53.76 | 4:15.28 | 14.102 | 5 | VRO | BRUGGE |
| 63. | 727 | CARRETTE Pascal | 43 | | | 62 | 15:55.22 | 73 | 14:28.98 | 62 | 67 | 14:18.00 | 44:42.22 | +9:55.51 | 4:15.45 | 14.093 | 56 | HER | SPIERE-HELKIJN |
| 64. | 690 | DENECKER Mike | 41 | | | 69 | 16:19.22 | 58 | 14:10.97 | 65 | 64 | 14:14.26 | 44:44.46 | +9:57.75 | 4:15.66 | 14.081 | 57 | HER | RONSE |

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

Tussen 2 Feesten Loop

Knokke, 26 December 2011, BEL

10.5km

Details

| Pos | Nr | Name | Age | Ligue | Team | Lap 1 | | Lap 2 | | Lap 3 | | Age Group | | | | | | | |
|-----|-----|-------------------------|-----|-------|-----------------|-------|----------|-------|----------|-------|------|-----------|-----------------|-----------|---------|--------|------|------|-----------------------|
| | | | | | | Pos | Time | Pos | Time Cum | Pos | Time | Time | Gap | TKm | Avg | Rang | Name | City | |
| 65. | 836 | SEY Barry | 37 | | | 65 | 16:05.94 | 76 | 14:34.50 | 71 | 57 | 14:09.76 | 44:50.22 | +10:03.51 | 4:16.21 | 14.051 | 58 | HER | KNOKKE-HEIST |
| 66. | 817 | ROOS Joel | 43 | | | 64 | 16:04.69 | 65 | 14:17.00 | 60 | 76 | 14:32.26 | 44:53.96 | +10:07.25 | 4:16.56 | 14.031 | 59 | HER | FRASNES-LEZ-BUISSENAL |
| 67. | 939 | VERBEKE Ivan | 53 | | | 82 | 16:36.19 | 60 | 14:13.01 | 74 | 55 | 14:07.50 | 44:56.71 | +10:10.00 | 4:16.83 | 14.017 | 60 | HER | SINT-LAUREINS |
| 68. | 900 | DEVLIEGHE Danny | 48 | | | 86 | 16:41.19 | 48 | 13:55.51 | 69 | 74 | 14:27.00 | 45:03.71 | +10:17.00 | 4:17.49 | 13.981 | 61 | HER | HEIST-AAN-ZEE |
| 69. | 682 | OVERMEIRE Aäron | 31 | | | 68 | 16:18.69 | 79 | 14:40.75 | 80 | 63 | 14:11.76 | 45:11.21 | +10:24.50 | 4:18.21 | 13.942 | 62 | HER | EEKLO |
| 70. | 715 | DEKNUDT Mario | 34 | | | 83 | 16:37.46 | 64 | 14:16.74 | 78 | 68 | 14:19.76 | 45:13.97 | +10:27.27 | 4:18.47 | 13.928 | 63 | HER | LEFFINGE |
| 71. | 832 | VAN LOOCKE Eddy | 55 | | | 71 | 16:22.44 | 63 | 14:15.00 | 70 | 84 | 14:39.76 | 45:17.22 | +10:30.51 | 4:18.78 | 13.911 | 64 | HER | ASSEBROEK |
| 72. | 878 | VANDEWIELE Germund | 22 | | | 78 | 16:30.19 | 61 | 14:14.00 | 72 | 82 | 14:36.26 | 45:20.46 | +10:33.75 | 4:19.09 | 13.895 | 65 | HER | HEIST-AAN-ZEE |
| 73. | 767 | DEMEULEMEESTER Frank | 43 | | | 52 | 15:38.19 | 104 | 15:12.26 | 75 | 78 | 14:33.01 | 45:23.46 | +10:36.75 | 4:19.37 | 13.879 | 66 | HER | KOOLKERKE (BRUGGE) |
| 74. | 877 | BOUSSEMAERE Roland | 65 | | | 76 | 16:28.70 | 70 | 14:24.75 | 77 | 77 | 14:32.26 | 45:25.71 | +10:39.00 | 4:19.59 | 13.868 | 67 | HER | HEIST-AAN-ZEE |
| 75. | 741 | LAUREYNS Niels | 26 | | | 81 | 16:35.69 | 68 | 14:22.00 | 79 | 80 | 14:34.51 | 45:32.21 | +10:45.50 | 4:20.21 | 13.835 | 68 | HER | MALDEGEM |
| 76. | 862 | DE BAERE Bram | 25 | | | 50 | 15:31.69 | 91 | 14:55.51 | 64 | 105 | 15:12.01 | 45:39.22 | +10:52.51 | 4:20.87 | 13.800 | 69 | HER | SINT-ANDRIES |
| 77. | 899 | GOUWELoose Bernard | 37 | | | 48 | 15:28.19 | 81 | 14:48.76 | 59 | 117 | 15:23.76 | 45:40.71 | +10:54.00 | 4:21.02 | 13.792 | 70 | HER | KNOKKE-HEIST |
| 78. | 823 | LOOSVELT Philippe | 16 | | | 107 | 17:22.70 | 80 | 14:43.00 | 97 | 39 | 13:36.26 | 45:41.96 | +10:55.25 | 4:21.13 | 13.786 | 71 | HER | WENDUINE |
| 79. | 561 | SCHOONBAERT Fangio | 41 | | | 109 | 17:24.44 | 71 | 14:25.02 | 88 | 50 | 13:57.00 | 45:46.46 | +10:59.75 | 4:21.56 | 13.763 | 72 | HER | SINT-KRUIS |
| 80. | 4 | DE BLAERE Joey | 25 | | | 75 | 16:27.44 | 56 | 14:08.76 | 68 | 107 | 15:16.75 | 45:52.97 | +11:06.26 | 4:22.18 | 13.731 | 73 | HER | SINT-KRUIS |
| 81. | 901 | VERBEKE Bert | 29 | | | 110 | 17:26.19 | 69 | 14:24.26 | 89 | 56 | 14:07.75 | 45:58.21 | +11:11.50 | 4:22.68 | 13.705 | 74 | HER | SINT-LAUREINS |
| 82. | 3 | DEVLOO Kjell | 22 | | | 54 | 15:40.94 | 103 | 15:11.27 | 76 | 110 | 15:18.24 | 46:10.46 | +11:23.75 | 4:23.85 | 13.644 | 75 | HER | KNOKKE-HEIST |
| 83. | 927 | VAN MULLEM Lode | | | | 74 | 16:25.19 | 99 | 15:03.02 | 83 | 88 | 14:44.00 | 46:12.22 | +11:25.51 | 4:24.02 | 13.635 | 1 | XXX | BRUGGE |
| 84. | 8 | CASTELEYN Toon | 41 | | | 66 | 16:10.19 | 85 | 14:52.26 | 81 | 111 | 15:18.76 | 46:21.21 | +11:34.51 | 4:24.87 | 13.591 | 76 | HER | KNOKKE-HEIST |
| 85. | 858 | BONTE Michiel | 29 | | | 80 | 16:34.69 | 87 | 14:54.00 | 84 | 96 | 14:54.02 | 46:22.72 | +11:36.01 | 4:25.02 | 13.584 | 77 | HER | BRUGGE |
| 86. | 815 | VANRYSELBERGHE Philippe | 51 | | | 67 | 16:15.44 | 88 | 14:54.26 | 82 | 109 | 15:17.51 | 46:27.22 | +11:40.51 | 4:25.45 | 13.562 | 78 | HER | KNOKKE-HEIST |
| 87. | 860 | DE BACKER Toon | 43 | | | 92 | 16:51.44 | 84 | 14:51.75 | 87 | 92 | 14:46.76 | 46:29.97 | +11:43.26 | 4:25.71 | 13.549 | 79 | HER | KNOKKE-HEIST |
| 88. | 756 | VANTORRE Koen | 28 | | | 90 | 16:43.94 | 111 | 15:17.01 | 94 | 81 | 14:34.52 | 46:35.47 | +11:48.77 | 4:26.23 | 13.522 | 80 | HER | KNOKKE-HEIST |
| 89. | 729 | KEUKELEIRE Dicky | 50 | | | 77 | 16:29.19 | 96 | 15:01.01 | 85 | 103 | 15:09.76 | 46:39.96 | +11:53.25 | 4:26.66 | 13.500 | 81 | HER | BRUGGE |
| 90. | 720 | DECEUR Marc | 48 | | BRUGGE - KNOKKE | 98 | 17:01.19 | 93 | 14:59.01 | 93 | 87 | 14:43.51 | 46:43.72 | +11:57.01 | 4:27.02 | 13.482 | 82 | HER | BRUGGE |
| 91. | 844 | LONGUEVILLE Stephane | 44 | | | 114 | 17:31.44 | 82 | 14:49.76 | 104 | 72 | 14:23.76 | 46:44.97 | +11:58.26 | 4:27.14 | 13.476 | 83 | HER | SINT-ANDRIES |
| 92. | 688 | DANNEELS Jacques | 49 | | RUNNING TEAM KN | 87 | 16:41.94 | 110 | 15:17.00 | 90 | 94 | 14:52.51 | 46:51.46 | +12:04.75 | 4:27.75 | 13.445 | 84 | HER | KNOKKE-HEIST |
| 93. | 13 | VAN PARYS Geert | 52 | | | 99 | 17:01.69 | 94 | 14:59.53 | 95 | 97 | 14:55.49 | 46:56.71 | +12:10.00 | 4:28.25 | 13.420 | 85 | HER | DAMME |
| 94. | 895 | ROELS Bernard | 53 | | | 79 | 16:31.44 | 100 | 15:03.51 | 86 | 116 | 15:22.52 | 46:57.48 | +12:10.77 | 4:28.33 | 13.416 | 86 | HER | BLANKENBERGE |
| 95. | 843 | CONSTANT Raf | 64 | | | 97 | 16:59.44 | 98 | 15:03.01 | 96 | 98 | 14:57.26 | 46:59.71 | +12:13.01 | 4:28.54 | 13.406 | 87 | HER | OOSTKAMP |
| 96. | 826 | VANDEPITTE Kurt | 39 | | | 116 | 17:34.44 | 83 | 14:51.26 | 106 | 89 | 14:44.51 | 47:10.23 | +12:23.52 | 4:29.54 | 13.356 | 88 | HER | HEIST-AAN-ZEE |

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

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10.5km

Details

| Pos | Nr | Name | Age | Ligue | Team | Lap 1 | | Lap 2 | | Lap 3 | | Age Group | | | | | | | |
|------|-----|------------------------|-----|-------|------|-------|----------|-------|----------|-------|------|-----------|-----------------|-----------|---------|--------|------|------|-----------------|
| | | | | | | Pos | Time | Pos | Time Cum | Pos | Time | Time | Gap | TKm | Avg | Rang | Name | City | |
| 97. | 886 | DEDECKER Vincent | 38 | | | 113 | 17:27.00 | 78 | 14:40.21 | 98 | 102 | 15:05.78 | 47:13.00 | +12:26.29 | 4:29.81 | 13.343 | 89 | HER | BRUGGE |
| 98. | 590 | SCHOONBAERT Schaquille | 26 | | | 100 | 17:02.00 | 114 | 15:21.00 | 105 | 93 | 14:50.46 | 47:13.46 | +12:26.75 | 4:29.85 | 13.341 | 90 | HER | SINT-KRUIS |
| 99. | 811 | GIUSTI Roberto | 46 | | | 89 | 16:43.45 | 108 | 15:15.74 | 91 | 115 | 15:21.02 | 47:20.22 | +12:33.51 | 4:30.49 | 13.309 | 91 | HER | KNOKKE-HEIST |
| 100. | 738 | DE NEVE Fabien | 42 | | | 88 | 16:42.70 | 112 | 15:17.27 | 92 | 114 | 15:20.24 | 47:20.22 | +12:33.51 | 4:30.49 | 13.309 | 92 | HER | KNOKKE-HEIST |
| 101. | 887 | SOUILLAERT Hans | 41 | | | 118 | 17:42.20 | 86 | 14:53.24 | 109 | 95 | 14:53.00 | 47:28.46 | +12:41.75 | 4:31.28 | 13.270 | 93 | HER | OOSTKAMP |
| 102. | 808 | DEBRABANDERE Tim | 30 | | | 119 | 17:42.71 | 97 | 15:01.77 | 112 | 90 | 14:45.73 | 47:30.21 | +12:43.51 | 4:31.44 | 13.262 | 94 | HER | HEIST-AAN-ZEE |
| 103. | 535 | CALLENS Joris | 48 | | | 121 | 17:43.94 | 107 | 15:13.01 | 115 | 79 | 14:33.50 | 47:30.46 | +12:43.76 | 4:31.47 | 13.261 | 95 | HER | KNOKKE-HEIST |
| 104. | 538 | GOETHALS Michael | 40 | | | 106 | 17:21.94 | 129 | 15:50.01 | 118 | 70 | 14:20.79 | 47:32.75 | +12:46.04 | 4:31.69 | 13.250 | 96 | HER | ADEGEM |
| 105. | 874 | RAPPE Patrick | 43 | | | 120 | 17:43.69 | 105 | 15:13.00 | 114 | 85 | 14:40.29 | 47:37.00 | +12:50.29 | 4:32.09 | 13.231 | 97 | HER | HEIST-AAN-ZEE |
| 106. | 842 | CLAUWAERE Thierry | 37 | | | 96 | 16:56.70 | 109 | 15:16.24 | 100 | 120 | 15:28.76 | 47:41.71 | +12:55.00 | 4:32.54 | 13.209 | 98 | HER | KRUISTHOUTEM |
| 107. | 852 | PIERETS Kristof | 42 | | | 105 | 17:20.20 | 92 | 14:57.50 | 102 | 121 | 15:29.76 | 47:47.46 | +13:00.76 | 4:33.09 | 13.182 | 99 | HER | DUDZELE |
| 108. | 902 | VERBEKE Mike | 27 | | | 111 | 17:26.44 | 95 | 14:59.76 | 107 | 118 | 15:24.02 | 47:50.22 | +13:03.52 | 4:33.35 | 13.170 | 100 | HER | SINT-LAUREINS |
| 109. | 784 | GOETHALS Frederik | 37 | | | 95 | 16:54.94 | 116 | 15:23.76 | 103 | 125 | 15:31.80 | 47:50.50 | +13:03.80 | 4:33.38 | 13.168 | 101 | HER | KNOKKE |
| 110. | 15 | DECOSTER Robert | 43 | | | 94 | 16:51.94 | 117 | 15:24.01 | 101 | 126 | 15:36.51 | 47:52.47 | +13:05.76 | 4:33.56 | 13.159 | 102 | HER | DE HAAN |
| 111. | 882 | F GRYSPEERT Fabienne | 47 | | | 115 | 17:32.45 | 101 | 15:08.26 | 110 | 113 | 15:20.00 | 48:00.71 | +13:14.00 | 4:34.35 | 13.122 | 6 | VRO | DUDZELE |
| 112. | 876 | DE SCHUYTER Jeffrey | 31 | | | 125 | 17:50.19 | 90 | 14:55.26 | 113 | 112 | 15:19.75 | 48:05.21 | +13:18.51 | 4:34.78 | 13.101 | 103 | HER | HEIST-AAN-ZEE |
| 113. | 698 | BAEKELANDT Kris | 40 | | | 91 | 16:47.19 | 115 | 15:21.51 | 99 | 140 | 16:04.51 | 48:13.21 | +13:26.51 | 4:35.54 | 13.065 | 104 | HER | KNOKKE-HEIST |
| 114. | 816 | LUISTER Peter | 49 | | | 131 | 18:10.44 | 102 | 15:09.01 | 120 | 100 | 14:58.00 | 48:17.46 | +13:30.75 | 4:35.94 | 13.046 | 105 | HER | KNOKKE-HEIST |
| 115. | 847 | DECEUNINCK Johnny | 47 | | | 149 | 18:45.69 | 89 | 14:55.00 | 124 | 83 | 14:37.01 | 48:17.71 | +13:31.01 | 4:35.97 | 13.045 | 106 | HER | VELDEGEM |
| 116. | 779 | DE CRAEMER Jean-Piere | 59 | | | 102 | 17:15.44 | 106 | 15:13.00 | 108 | 133 | 15:50.51 | 48:18.96 | +13:32.26 | 4:36.09 | 13.039 | 107 | HER | DUDZELE |
| 117. | 917 | DESCHACHT Marc | 47 | | | 138 | 18:30.70 | 138 | 15:59.50 | 139 | 52 | 13:58.26 | 48:28.46 | +13:41.76 | 4:36.99 | 12.997 | 108 | HER | ZEEBRUGGE |
| 118. | 915 | F SWOLFS Sanne | 24 | | | 6 | 13:23.94 | 151 | 16:24.02 | 53 | 236 | 19:06.25 | 48:54.21 | +14:07.51 | 4:39.44 | 12.882 | 7 | VRO | KNOKKE-HEIST |
| 119. | 742 | MERMUYS Tom | 36 | | | 104 | 17:17.19 | 126 | 15:44.26 | 116 | 135 | 15:54.02 | 48:55.48 | +14:08.77 | 4:39.57 | 12.877 | 109 | HER | BRUGGE ST KRUIS |
| 120. | 855 | DE SPELAERE Allan | 36 | | | 103 | 17:16.95 | 130 | 15:51.00 | 117 | 134 | 15:51.26 | 48:59.21 | +14:12.51 | 4:39.92 | 12.861 | 110 | HER | HEST AAN ZEE |
| 121. | 923 | VERHELST Andre | 52 | | | 122 | 17:46.94 | 127 | 15:46.52 | 121 | 128 | 15:40.25 | 49:13.71 | +14:27.00 | 4:41.30 | 12.797 | 111 | HER | DAMME |
| 122. | 871 | WILLAERT Ruben | 32 | | | 141 | 18:41.69 | 113 | 15:17.75 | 128 | 106 | 15:14.76 | 49:14.21 | +14:27.50 | 4:41.35 | 12.795 | 112 | HER | DAMME |
| 123. | 911 | F BOES Odette | 58 | | | 126 | 17:56.44 | 131 | 15:53.00 | 126 | 119 | 15:27.76 | 49:17.21 | +14:30.51 | 4:41.64 | 12.782 | 8 | VRO | ASSE |
| 124. | 789 | BORSTLAP Arn | 40 | | | 152 | 18:47.95 | 118 | 15:32.50 | 132 | 99 | 14:57.52 | 49:17.97 | +14:31.27 | 4:41.71 | 12.779 | 113 | HER | MERKSEM |
| 125. | 731 | JANSSENS Franky | 48 | | | 157 | 18:55.96 | 120 | 15:33.24 | 138 | 104 | 15:10.26 | 49:39.47 | +14:52.76 | 4:43.76 | 12.687 | 114 | HER | ZWANKENDAMME |
| 126. | 812 | GOETHALS Rudy | 45 | | | 93 | 16:51.69 | 128 | 15:49.51 | 111 | 181 | 17:04.01 | 49:45.21 | +14:58.51 | 4:44.30 | 12.662 | 115 | HER | KNOKKE-HEIST |
| 127. | 752 | F MEERMAN Priscilla | 17 | | | 107 | 17:22.70 | 134 | 15:54.75 | 119 | 158 | 16:32.77 | 49:50.22 | +15:03.51 | 4:44.78 | 12.641 | 9 | VRO | VLISSINGEN |
| 128. | 926 | VANDEPERRE Frederik | 35 | | | 168 | 19:10.19 | 133 | 15:54.51 | 146 | 91 | 14:46.02 | 49:50.73 | +15:04.02 | 4:44.83 | 12.639 | 116 | HER | KNOKKE-HEIST |

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

Tussen 2 Feesten Loop

Knokke, 26 December 2011, BEL

10.5km

Details

| Pos | Nr | Name | Age | Ligue | Team | Lap 1 | | Lap 2 | | Lap 3 | | Age Group | | | | | | | |
|------|-----|------------------------------|-----|---------|------------|-------|----------|-------|----------|-------|------|-----------|-----------------|-----------|---------|--------|------|------|----------------------|
| | | | | | | Pos | Time | Pos | Time Cum | Pos | Time | Time | Gap | TKm | Avg | Rang | Name | City | |
| 129. | 710 | ALLAERT Piet | 54 | | | 127 | 17:59.19 | 150 | 16:22.02 | 133 | 122 | 15:30.26 | 49:51.47 | +15:04.77 | 4:44.90 | 12.636 | 117 | HER | <i>KNOKKE HEIST</i> |
| 130. | 848 | VAN LANDEGHEM Kris | 31 | | | 124 | 17:49.96 | 124 | 15:43.99 | 122 | 153 | 16:24.51 | 49:58.46 | +15:11.76 | 4:45.56 | 12.606 | 118 | HER | <i>KNOKKE-HEIST</i> |
| 131. | 730 | DELAHAYE Daniel | 43 | | | 134 | 18:23.44 | 121 | 15:33.26 | 127 | 139 | 16:02.28 | 49:59.00 | +15:12.29 | 4:45.61 | 12.604 | 119 | HER | <i>BRUGGE</i> |
| 132. | 813 | BRUYNOOGHE Jan | 46 | | | 156 | 18:54.19 | 142 | 16:05.01 | 145 | 101 | 15:00.01 | 49:59.21 | +15:12.51 | 4:45.64 | 12.603 | 120 | HER | <i>ZEDELGEM</i> |
| 133. | 774 | DECEUNINCK Gino | 44 | | | 150 | 18:46.20 | 119 | 15:32.76 | 131 | 129 | 15:42.25 | 50:01.21 | +15:14.51 | 4:45.83 | 12.595 | 121 | HER | <i>KNOKKE-HEIST</i> |
| 134. | 937 | F BEHAEGHE Sofie | 27 | | | 135 | 18:26.44 | 135 | 15:55.01 | 134 | 131 | 15:43.25 | 50:04.71 | +15:18.01 | 4:46.16 | 12.580 | 10 | VRO | <i>HEIST-AAN-ZEE</i> |
| 135. | 539 | HUYSMAN Frans | 44 | | | 112 | 17:26.45 | 148 | 16:17.54 | 125 | 161 | 16:37.97 | 50:21.96 | +15:35.26 | 4:47.80 | 12.508 | 122 | HER | <i>KAPRIJKE</i> |
| 136. | 791 | F DHONT Annick | 39 | | | 132 | 18:14.19 | 137 | 15:58.76 | 129 | 148 | 16:12.51 | 50:25.46 | +15:38.76 | 4:48.14 | 12.494 | 11 | VRO | <i>WAARSCHOOT</i> |
| 137. | 888 | VERMEERSCH Stefaan | 44 | | | 146 | 18:44.19 | 141 | 16:04.75 | 142 | 127 | 15:39.52 | 50:28.47 | +15:41.76 | 4:48.42 | 12.482 | 123 | HER | <i>BRUGGE</i> |
| 138. | 5 | DECLERCK Pieter | 31 | | | 151 | 18:46.94 | 125 | 15:44.01 | 140 | 141 | 16:07.01 | 50:37.96 | +15:51.26 | 4:49.33 | 12.443 | 124 | HER | <i>LOPPEM</i> |
| 139. | 9 | VANDENHEEDE IVAN Ivan | 52 | | | 137 | 18:28.20 | 139 | 16:00.50 | 137 | 147 | 16:11.51 | 50:40.21 | +15:53.51 | 4:49.54 | 12.433 | 125 | HER | <i>BLANKENBERGE</i> |
| 140. | 755 | F JACXSENS An | 41 | | | 128 | 18:04.69 | 147 | 16:12.27 | 130 | 154 | 16:28.01 | 50:44.97 | +15:58.26 | 4:49.99 | 12.414 | 12 | VRO | <i>KNOKKE-HEIST</i> |
| 141. | 785 | BUCQUOYE Bernard | 41 | | | 187 | 19:47.19 | 123 | 15:43.75 | 156 | 123 | 15:30.26 | 51:01.21 | +16:14.51 | 4:51.54 | 12.348 | 126 | HER | <i>MALDEGEM</i> |
| 142. | 898 | DE BLEEKER Michel | 60 | | | 155 | 18:52.44 | 143 | 16:06.55 | 144 | 143 | 16:07.96 | 51:06.96 | +16:20.26 | 4:52.09 | 12.325 | 127 | HER | <i>DAMME</i> |
| 143. | 846 | MAREYDT Tom | 27 | | | 123 | 17:49.19 | 157 | 16:39.01 | 136 | 168 | 16:44.75 | 51:12.96 | +16:26.26 | 4:52.66 | 12.301 | 128 | HER | <i>WESTKAPELLE</i> |
| 144. | 868 | F VAN DEN BERGHE Ann | 42 | | | 139 | 18:35.19 | 136 | 15:57.00 | 141 | 166 | 16:42.26 | 51:14.47 | +16:27.76 | 4:52.80 | 12.295 | 13 | VRO | <i>BRUGGE</i> |
| 145. | 550 | F WAUTERS Sonj | 48 | | | 167 | 19:08.45 | 146 | 16:12.00 | 152 | 137 | 15:57.27 | 51:17.73 | +16:31.02 | 4:53.11 | 12.282 | 14 | VRO | <i>KNOKKE-HEIST</i> |
| 146. | 551 | VAN DAELE Kris | 48 | | | 166 | 19:08.44 | 145 | 16:11.26 | 151 | 138 | 15:59.00 | 51:18.72 | +16:32.01 | 4:53.21 | 12.278 | 129 | HER | <i>KNOKKE-HEIST</i> |
| 147. | 799 | DE RUYTER Johnny | 40 | | | 180 | 19:36.95 | 144 | 16:07.01 | 159 | 130 | 15:42.50 | 51:26.46 | +16:39.76 | 4:53.94 | 12.247 | 130 | HER | <i>KNOKKE-HEIST</i> |
| 148. | 739 | ONGENAE Jan | 44 | BRANDWE | LONDERZEEL | 144 | 18:43.46 | 156 | 16:33.75 | 150 | 146 | 16:11.00 | 51:28.22 | +16:41.51 | 4:54.11 | 12.240 | 131 | HER | <i>LONDERZEEL</i> |
| 149. | 740 | PIETERS Marc | 53 | | | 158 | 18:56.19 | 149 | 16:19.51 | 149 | 149 | 16:12.52 | 51:28.23 | +16:41.53 | 4:54.11 | 12.240 | 132 | HER | <i>LISSEWEGE</i> |
| 150. | 810 | F CAR Katie | 23 | | | 130 | 18:09.44 | 178 | 17:16.01 | 153 | 145 | 16:10.26 | 51:35.71 | +16:49.01 | 4:54.83 | 12.210 | 15 | VRO | <i>OOSTENDE</i> |
| 151. | 912 | CASIER Gino | 42 | | | 141 | 18:41.69 | 155 | 16:33.51 | 148 | 163 | 16:39.50 | 51:54.71 | +17:08.01 | 4:56.64 | 12.136 | 133 | HER | <i>LISSEWEGE</i> |
| 152. | 702 | BULLYNCK Nick | 47 | | | 140 | 18:37.45 | 153 | 16:31.75 | 147 | 171 | 16:51.01 | 52:00.21 | +17:13.51 | 4:57.16 | 12.115 | 134 | HER | <i>KNOKKE-HEIST</i> |
| 153. | 822 | CALLIER Nick | 15 | | | 162 | 19:03.94 | 152 | 16:28.26 | 157 | 157 | 16:32.02 | 52:04.22 | +17:17.52 | 4:57.54 | 12.099 | 3 | JUH | <i>BLANKENBERGE</i> |
| 154. | 765 | F HEYMAN Christel | 41 | | | 145 | 18:43.94 | 160 | 16:42.52 | 155 | 162 | 16:38.25 | 52:04.71 | +17:18.01 | 4:57.59 | 12.097 | 16 | VRO | <i>OUDENAARDE</i> |
| 155. | 764 | VANTYGHEN Edwin | 52 | | | 148 | 18:45.44 | 158 | 16:41.01 | 154 | 164 | 16:41.76 | 52:08.21 | +17:21.51 | 4:57.92 | 12.084 | 135 | HER | <i>OUDENBURG</i> |
| 156. | 732 | DE WAELE Jerome | 35 | | | 101 | 17:10.94 | 174 | 17:12.76 | 135 | 207 | 17:51.76 | 52:15.47 | +17:28.76 | 4:58.61 | 12.056 | 136 | HER | <i>KNOKKE-HEIST</i> |
| 157. | 920 | DE GROOTE Jimmy | 33 | | | 163 | 19:04.44 | 159 | 16:42.27 | 160 | 177 | 16:57.25 | 52:43.97 | +17:57.26 | 5:01.33 | 11.947 | 137 | HER | <i>ZEEBRUGGE</i> |
| 158. | 554 | PEDE Rony | 57 | | | 189 | 19:54.23 | 154 | 16:32.98 | 165 | 151 | 16:22.75 | 52:49.97 | +18:03.27 | 5:01.90 | 11.924 | 138 | HER | <i>WAARSCHOOT</i> |
| 159. | 805 | F DE GROOTE Vicky | 38 | | | 215 | 20:44.69 | 140 | 16:02.26 | 173 | 144 | 16:08.01 | 52:54.96 | +18:08.26 | 5:02.37 | 11.906 | 17 | VRO | <i>KNOKKE-HEIST</i> |
| 160. | 749 | VIAENE Geert | 44 | BRANDWE | BRUGGE | 164 | 19:05.69 | 168 | 17:01.29 | 162 | 172 | 16:51.73 | 52:58.71 | +18:12.01 | 5:02.73 | 11.892 | 139 | HER | <i>HEIST AAN ZEE</i> |

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

Tussen 2 Feesten Loop

Knokke, 26 December 2011, BEL

10.5km

Details

| Pos | Nr | Name | Age | Ligue | Team | Lap 1 | | Lap 2 | | Lap 3 | | Age Group | | | | | | | |
|------|-----|-------------------------------|-----|-------|---------|-------|----------|-------|----------|-------|------|-----------|-----------------|-----------|---------|--------|------|------|----------------------|
| | | | | | | Pos | Time | Pos | Time Cum | Pos | Time | Time | Gap | TKm | Avg | Rang | Name | City | |
| 160. | 684 | MUYLLAERT Michael | 31 | | VERKLEE | 165 | 19:06.45 | 235 | 18:35.26 | 195 | 108 | 15:17.00 | 52:58.71 | +18:12.01 | 5:02.73 | 11.892 | 139 | HER | <i>KNOKKE-HEIST</i> |
| 162. | 689 | GILDEN Redgy | 34 | | | 182 | 19:38.69 | 164 | 16:58.01 | 167 | 152 | 16:24.26 | 53:00.97 | +18:14.26 | 5:02.95 | 11.883 | 141 | HER | <i>KNOKKE-HEIST</i> |
| 163. | 696 | PERSYN Christof | 41 | | | 143 | 18:42.21 | 167 | 17:00.49 | 158 | 193 | 17:23.26 | 53:05.97 | +18:19.26 | 5:03.42 | 11.865 | 142 | HER | <i>LISSEWEGE</i> |
| 164. | 11 | VAN PARYS Bart | 23 | | | 195 | 20:16.19 | 172 | 17:03.77 | 185 | 136 | 15:54.25 | 53:14.22 | +18:27.51 | 5:04.21 | 11.834 | 143 | HER | <i>KNOKKE-HEIST</i> |
| 165. | 864 | F BULCKE Stefanie | 24 | | | 154 | 18:51.95 | 173 | 17:07.00 | 161 | 188 | 17:16.26 | 53:15.21 | +18:28.51 | 5:04.30 | 11.830 | 18 | VRO | <i>HEIST-AAN-ZEE</i> |
| 166. | 875 | HAERENS Tom | 31 | | | 171 | 19:22.44 | 179 | 17:18.27 | 168 | 159 | 16:35.51 | 53:16.22 | +18:29.52 | 5:04.40 | 11.826 | 144 | HER | <i>ASSEBROEK</i> |
| 167. | 700 | DEVOS Stephan | 42 | | | 183 | 19:44.45 | 190 | 17:25.76 | 180 | 142 | 16:07.25 | 53:17.46 | +18:30.76 | 5:04.52 | 11.822 | 145 | HER | <i>KNOKKE-HEIST</i> |
| 168. | 763 | F POPPE Sylvie | 40 | | | 179 | 19:36.69 | 162 | 16:47.52 | 164 | 176 | 16:57.00 | 53:21.21 | +18:34.51 | 5:04.87 | 11.808 | 19 | VRO | <i>KNOKKE-HEIST</i> |
| 169. | 540 | VAN KERSCHAUVER Filip | 39 | | | 153 | 18:49.19 | 210 | 17:53.02 | 170 | 167 | 16:44.25 | 53:26.47 | +18:39.76 | 5:05.37 | 11.789 | 146 | HER | <i>ADEGEM</i> |
| 170. | 867 | F CONDE Emily | 28 | | | 184 | 19:44.69 | 176 | 17:13.77 | 176 | 155 | 16:29.00 | 53:27.46 | +18:40.76 | 5:05.47 | 11.785 | 20 | VRO | <i>TORHOUT</i> |
| 171. | 552 | F VANSTEENKISTE Annick | 51 | | | 177 | 19:32.71 | 163 | 16:54.99 | 166 | 179 | 17:00.77 | 53:28.48 | +18:41.78 | 5:05.57 | 11.781 | 21 | VRO | <i>KNOKKE-HEIST</i> |
| 172. | 838 | BAEKELANDT Wim | 43 | | | 178 | 19:33.45 | 199 | 17:38.50 | 183 | 150 | 16:17.51 | 53:29.47 | +18:42.76 | 5:05.66 | 11.778 | 147 | HER | <i>ZEEBRUGGE</i> |
| 173. | 850 | PROOT John | 42 | | | 185 | 19:45.72 | 189 | 17:24.98 | 181 | 165 | 16:41.76 | 53:52.47 | +19:05.77 | 5:07.85 | 11.694 | 148 | HER | <i>KNOKKE-HEIST</i> |
| 174. | 18 | DE WAELE Johan | 49 | | | 208 | 20:25.69 | 165 | 16:59.52 | 189 | 156 | 16:32.00 | 53:57.22 | +19:10.52 | 5:08.30 | 11.677 | 149 | HER | |
| 175. | 704 | NR 704 | | | | 136 | 18:27.95 | 201 | 17:43.00 | 163 | 203 | 17:47.77 | 53:58.72 | +19:12.02 | 5:08.45 | 11.671 | 2 | XXX | |
| 176. | 845 | PHILIPPE Marc | 50 | | | 191 | 19:56.20 | 175 | 17:13.00 | 178 | 173 | 16:52.51 | 54:01.72 | +19:15.01 | 5:08.73 | 11.660 | 150 | HER | <i>DUDZELE</i> |
| 177. | 20 | VAN KRANENBURG Nick | 26 | | | 206 | 20:22.70 | 169 | 17:02.75 | 190 | 160 | 16:36.76 | 54:02.22 | +19:15.51 | 5:08.78 | 11.659 | 151 | HER | <i>HEIST-AAN-ZEE</i> |
| 178. | 728 | SAMYN Paul | 67 | | | 172 | 19:22.95 | 187 | 17:23.75 | 172 | 190 | 17:18.26 | 54:04.97 | +19:18.26 | 5:09.04 | 11.649 | 152 | HER | <i>BRUGGE</i> |
| 179. | 773 | F ALLEMEERSCH Greet | 44 | | | 198 | 20:17.72 | 166 | 17:00.48 | 184 | 170 | 16:47.04 | 54:05.25 | +19:18.54 | 5:09.07 | 11.648 | 22 | VRO | <i>KNOKKE-HEIST</i> |
| 180. | 705 | F DEVINCK Martine | 54 | | TVZWIN | 197 | 20:17.22 | 171 | 17:03.48 | 187 | 169 | 16:46.26 | 54:06.97 | +19:20.26 | 5:09.23 | 11.642 | 23 | VRO | <i>KNOKKE-HEIST</i> |
| 181. | 772 | F BOYDENS Ingrid | 43 | | | 181 | 19:38.19 | 177 | 17:14.51 | 175 | 192 | 17:22.75 | 54:15.47 | +19:28.76 | 5:10.04 | 11.611 | 24 | VRO | <i>KNOKKE-HEIST</i> |
| 182. | 780 | F VANGAEVER Ann | 42 | | | 194 | 20:07.94 | 170 | 17:02.76 | 182 | 186 | 17:12.28 | 54:22.98 | +19:36.28 | 5:10.76 | 11.584 | 25 | VRO | <i>BRUGGE</i> |
| 183. | 828 | F SUVEE Leen | 33 | | | 175 | 19:31.19 | 196 | 17:36.25 | 177 | 191 | 17:19.51 | 54:26.96 | +19:40.26 | 5:11.14 | 11.570 | 26 | VRO | <i>SINT-ANDRIES</i> |
| 184. | 924 | MORTIER Dirk | 59 | | | 192 | 19:58.69 | 183 | 17:22.26 | 188 | 185 | 17:12.26 | 54:33.22 | +19:46.51 | 5:11.73 | 11.548 | 153 | HER | <i>OEDELEM</i> |
| 185. | 734 | CARRETTE Thierry | 40 | | | 159 | 18:56.44 | 206 | 17:49.26 | 171 | 205 | 17:50.01 | 54:35.72 | +19:49.01 | 5:11.97 | 11.539 | 154 | HER | <i>BELLESEM</i> |
| 186. | 783 | F VANDENDORPE Fauve | 24 | | | 170 | 19:19.44 | 182 | 17:21.52 | 169 | 209 | 17:57.25 | 54:38.22 | +19:51.52 | 5:12.21 | 11.531 | 27 | VRO | <i>KNOKKE</i> |
| 187. | 16 | TEIRLYNCK Tom | 34 | | | 147 | 18:44.71 | 226 | 18:24.74 | 179 | 208 | 17:52.01 | 55:01.47 | +20:14.76 | 5:14.42 | 11.449 | 155 | HER | <i>BRUGGE</i> |
| 188. | 905 | VAN HULLE Johan | 54 | | | 224 | 20:48.69 | 230 | 18:28.29 | 225 | 132 | 15:46.73 | 55:03.72 | +20:17.01 | 5:14.64 | 11.442 | 156 | HER | <i>SINT-ANDRIES</i> |
| 189. | 913 | BOERMEESTER Frank | 41 | | | 207 | 20:24.44 | 200 | 17:41.41 | 199 | 183 | 17:06.60 | 55:12.47 | +20:25.76 | 5:15.47 | 11.411 | 157 | HER | <i>HEIST-AAN-ZEE</i> |
| 190. | 891 | DE MEYDTS Sven | 24 | | | 205 | 20:21.69 | 207 | 17:49.52 | 203 | 180 | 17:03.01 | 55:14.22 | +20:27.52 | 5:15.64 | 11.405 | 158 | HER | <i>ZEEBRUGGE</i> |
| 191. | 892 | DE METTER Stijn | 29 | | | 204 | 20:21.19 | 208 | 17:49.53 | 202 | 182 | 17:04.74 | 55:15.47 | +20:28.76 | 5:15.75 | 11.401 | 159 | HER | <i>HEIST-AAN-ZEE</i> |
| 192. | 938 | F GOBERT Miet | 49 | | | 218 | 20:46.95 | 193 | 17:30.75 | 208 | 178 | 17:00.01 | 55:17.72 | +20:31.01 | 5:15.97 | 11.393 | 28 | VRO | <i>KNOKKE-HEIST</i> |

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

Tussen 2 Feesten Loop

Knokke, 26 December 2011, BEL

10.5km

Details

| Pos | Nr | Name | Age | Ligue | Team | Lap 1 | | Lap 2 | | Lap 3 | | Age Group | | | | | | | |
|------|-----|----------------------|-----|---------|---------|-------|----------|-------|----------|-------|------|-----------|-----------------|-----------|---------|--------|------|------|---------------|
| | | | | | | Pos | Time | Pos | Time Cum | Pos | Time | Time | Gap | TKm | Avg | Rang | Name | City | |
| 193. | 806 | F MASON Inge | 37 | | | 221 | 20:47.21 | 180 | 17:19.24 | 200 | 189 | 17:16.76 | 55:23.22 | +20:36.51 | 5:16.49 | 11.375 | 29 | VRO | SINT-KRUIS |
| 194. | 865 | CLAEYS Tony | 36 | | | 223 | 20:47.96 | 191 | 17:27.99 | 205 | 187 | 17:13.51 | 55:29.46 | +20:42.76 | 5:17.09 | 11.353 | 160 | HER | HEIST-AAN-ZEE |
| 195. | 699 | COLPIN Pierre | 42 | | | 188 | 19:52.19 | 205 | 17:47.92 | 194 | 206 | 17:51.60 | 55:31.72 | +20:45.01 | 5:17.30 | 11.345 | 161 | HER | KNOKKE-HEIST |
| 196. | 837 | DE VOS Maurice | 63 | | | 176 | 19:32.44 | 203 | 17:47.76 | 186 | 214 | 18:12.26 | 55:32.47 | +20:45.76 | 5:17.37 | 11.343 | 162 | HER | KNOKKE-HEIST |
| 197. | 798 | F CARETTE Sabine | 44 | | | 228 | 21:14.45 | 185 | 17:22.52 | 216 | 175 | 16:56.00 | 55:32.97 | +20:46.26 | 5:17.42 | 11.341 | 30 | VRO | ASSEBROEK |
| 198. | 797 | DESCHACHT Jan | 48 | | | 229 | 21:14.70 | 187 | 17:23.75 | 218 | 174 | 16:54.52 | 55:32.98 | +20:46.27 | 5:17.42 | 11.341 | 163 | HER | ASSEBROEK |
| 199. | 922 | FAUTRE Louis | 21 | | | 212 | 20:37.69 | 204 | 17:47.77 | 212 | 184 | 17:08.25 | 55:33.72 | +20:47.01 | 5:17.49 | 11.339 | 164 | HER | KNOKKE-HEIST |
| 200. | 804 | CLAEYS Fangio | 41 | | | 222 | 20:47.85 | 186 | 17:22.61 | 201 | 194 | 17:28.00 | 55:38.46 | +20:51.76 | 5:17.94 | 11.323 | 165 | HER | KNOKKE-HEIST |
| 201. | 746 | F ALLEMEERSCH Ann | 40 | | | 219 | 20:46.95 | 197 | 17:36.80 | 211 | 195 | 17:36.71 | 56:00.47 | +21:13.76 | 5:20.04 | 11.248 | 31 | VRO | STEKENE |
| 202. | 748 | F RYCKAERT Stephanie | 44 | | | 217 | 20:45.95 | 194 | 17:31.26 | 207 | 200 | 17:45.25 | 56:02.47 | +21:15.76 | 5:20.23 | 11.242 | 32 | VRO | KNOKKE-HEIST |
| 203. | 733 | F DIERENS Anita | 43 | | | 216 | 20:45.71 | 192 | 17:29.49 | 204 | 201 | 17:47.27 | 56:02.48 | +21:15.77 | 5:20.23 | 11.242 | 33 | VRO | WESTKAPELLE |
| 204. | 745 | VERLINDE Jurgen | 41 | VERKLEE | STEKENE | 211 | 20:28.44 | 195 | 17:35.50 | 198 | 212 | 17:59.27 | 56:03.23 | +21:16.52 | 5:20.30 | 11.239 | 166 | HER | STEKENE |
| 205. | 824 | F VANHULLE Rebecca | 15 | | | 186 | 19:46.45 | 234 | 18:34.50 | 210 | 210 | 17:57.26 | 56:18.22 | +21:31.51 | 5:21.73 | 11.189 | 1 | JUF | BLANKENBERGE |
| 206. | 881 | DESMIDT Dries | 15 | | | 203 | 20:19.94 | 212 | 18:00.52 | 209 | 211 | 17:59.03 | 56:19.50 | +21:32.79 | 5:21.85 | 11.185 | 4 | JUH | HEIST-AAN-ZEE |
| 207. | 883 | DESMIDT Steve | 45 | | | 220 | 20:47.20 | 209 | 17:52.00 | 219 | 197 | 17:40.52 | 56:19.73 | +21:33.02 | 5:21.88 | 11.184 | 167 | HER | HEIST-AAN-ZEE |
| 208. | 894 | F JANSSENS Conny | 47 | | | 196 | 20:16.45 | 218 | 18:19.25 | 214 | 202 | 17:47.27 | 56:22.98 | +21:36.28 | 5:22.18 | 11.174 | 34 | VRO | OOSTENDE |
| 209. | 744 | F PIERLOOT Sonja | 43 | VERKLEE | | 199 | 20:17.94 | 216 | 18:18.53 | 215 | 204 | 17:48.24 | 56:24.72 | +21:38.01 | 5:22.35 | 11.168 | 35 | VRO | OOSTENDE |
| 210. | 839 | F MERLEVEDE Mieke | 46 | | | 173 | 19:25.94 | 214 | 18:10.01 | 193 | 230 | 18:59.75 | 56:35.72 | +21:49.01 | 5:23.40 | 11.132 | 36 | VRO | OOSTKAMP |
| 211. | 910 | F FITZGERALD Tess | 18 | | | 160 | 19:01.19 | 233 | 18:31.76 | 191 | 245 | 19:16.51 | 56:49.47 | +22:02.76 | 5:24.71 | 11.087 | 37 | VRO | KNOKKE-HEIST |
| 212. | 909 | F PIETERS Elke | 27 | | | 161 | 19:03.47 | 231 | 18:30.73 | 192 | 244 | 19:16.03 | 56:50.23 | +22:03.53 | 5:24.78 | 11.084 | 38 | VRO | DUDZELE |
| 213. | 851 | VAN THUYNE Marc | 44 | | | 193 | 19:59.19 | 215 | 18:18.01 | 206 | 223 | 18:34.26 | 56:51.47 | +22:04.76 | 5:24.90 | 11.080 | 168 | HER | ERTVELDE |
| 214. | 592 | SCHOONBAERT Galliano | 11 | | | 190 | 19:54.94 | 211 | 17:53.76 | 196 | 238 | 19:08.02 | 56:56.73 | +22:10.02 | 5:25.40 | 11.063 | 5 | JUH | |
| 215. | 6 | VIAENE Hugo | 52 | | | 201 | 20:18.72 | 198 | 17:38.48 | 197 | 234 | 19:03.77 | 57:00.97 | +22:14.27 | 5:25.80 | 11.049 | 169 | HER | HEIST-AAN-ZEE |
| 216. | 861 | F LAGROU Ginette | 51 | | | 210 | 20:27.45 | 213 | 18:09.75 | 217 | 220 | 18:27.01 | 57:04.22 | +22:17.51 | 5:26.11 | 11.039 | 39 | VRO | HEIST-AAN-ZEE |
| 217. | 786 | F GOOSSENS Leen | 39 | | | 236 | 21:35.69 | 202 | 17:44.76 | 226 | 199 | 17:45.00 | 57:05.47 | +22:18.76 | 5:26.23 | 11.035 | 40 | VRO | KNOKKE-HEIST |
| 218. | 703 | SCHAEPDRIJVER Willy | 66 | | | 202 | 20:19.44 | 237 | 18:37.01 | 223 | 216 | 18:14.76 | 57:11.22 | +22:24.51 | 5:26.78 | 11.016 | 170 | HER | KNOKKE-HEIST |
| 219. | 821 | DE NOLF Lenard | 16 | | | 133 | 18:18.69 | 262 | 20:09.26 | 213 | 224 | 18:47.51 | 57:15.47 | +22:28.76 | 5:27.18 | 11.003 | 171 | HER | ZEEBRUGGE |
| 220. | 735 | HELLEBAUT Luc | 59 | | | 230 | 21:18.44 | 224 | 18:22.76 | 228 | 198 | 17:44.01 | 57:25.22 | +22:38.51 | 5:28.11 | 10.972 | 172 | HER | DUINBERGEN |
| 221. | 800 | KNOCKAERT Roger | 78 | | | 209 | 20:26.95 | 229 | 18:27.25 | 222 | 229 | 18:58.01 | 57:52.22 | +23:05.51 | 5:30.68 | 10.886 | 173 | HER | KNOKKE-HEIST |
| 222. | 904 | VERMOTE Dany | 58 | | | 225 | 20:49.70 | 228 | 18:26.75 | 224 | 225 | 18:49.53 | 58:05.99 | +23:19.28 | 5:31.99 | 10.843 | 174 | HER | DUDZELE |
| 223. | 687 | VAN ROSSEM Bert | 43 | | | 241 | 21:39.44 | 222 | 18:22.01 | 231 | 213 | 18:10.05 | 58:11.51 | +23:24.80 | 5:32.52 | 10.826 | 175 | HER | KNOKKE |
| 224. | 21 | LANCKRIET Bart | 45 | | | 238 | 21:36.95 | 225 | 18:23.75 | 230 | 219 | 18:25.26 | 58:25.97 | +23:39.26 | 5:33.90 | 10.782 | 176 | HER | KNOKKE-HEIST |

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

Tussen 2 Feesten Loop

Knokke, 26 December 2011, BEL

10.5km

Details

| Pos | Nr | Name | Age | Ligue | Team | Lap 1 | | Lap 2 | | Lap 3 | | Age Group | | | | | | | |
|------|-----|------------------------|-----|---------|------|-------|----------|-------|----------|-------|------|-----------|-------------------|-----------|---------|--------|------|------|---------------------|
| | | | | | | Pos | Time | Pos | Time Cum | Pos | Time | Time | Gap | TKm | Avg | Rang | Name | City | |
| 225. | 17 | DELODDERE Jean | 40 | | | 237 | 21:36.44 | 227 | 18:25.01 | 231 | 218 | 18:24.76 | 58:26.22 | +23:39.51 | 5:33.92 | 10.781 | 177 | HER | KNOKKE-HEIST |
| 226. | 770 | F HEYNEMAN Nancy | 45 | | | 231 | 21:18.45 | 232 | 18:31.75 | 229 | 226 | 18:50.77 | 58:40.98 | +23:54.27 | 5:35.33 | 10.736 | 41 | VRO | HEIST AAN ZEE |
| 227. | 929 | F LAMOTE Heidi | 40 | | | 251 | 22:08.44 | 219 | 18:20.56 | 241 | 215 | 18:13.21 | 58:42.23 | +23:55.52 | 5:35.45 | 10.732 | 42 | VRO | KNOKKE-HEIST |
| 228. | 608 | VAN ZELST Bart | 45 | | | 249 | 22:08.20 | 217 | 18:19.25 | 237 | 217 | 18:19.53 | 58:47.00 | +24:00.29 | 5:35.90 | 10.717 | 178 | HER | NL-5262JS VUGHT |
| 229. | 825 | DEBOU Petro | 35 | | | 213 | 20:40.69 | 245 | 18:59.51 | 227 | 240 | 19:11.51 | 58:51.72 | +24:05.01 | 5:36.35 | 10.703 | 179 | HER | STEENKERKE (W.-VL.) |
| 230. | 802 | F PECKELBEEN Rita | 58 | | | 233 | 21:24.94 | 243 | 18:56.26 | 234 | 228 | 18:56.51 | 59:17.72 | +24:31.01 | 5:38.83 | 10.625 | 43 | VRO | KNOKKE-HEIST |
| 231. | 754 | GHYS Michel | 60 | | | 250 | 22:08.23 | 236 | 18:36.48 | 245 | 221 | 18:33.25 | 59:17.97 | +24:31.26 | 5:38.85 | 10.624 | 180 | HER | KNOKKE |
| 232. | 775 | VANDEBUSSCHE Arne | 25 | | | 200 | 20:18.69 | 223 | 18:22.26 | 220 | 258 | 20:38.02 | 59:18.98 | +24:32.27 | 5:38.95 | 10.621 | 181 | HER | GENT |
| 233. | 801 | F DOBBELAERE Katia | 37 | | | 234 | 21:26.20 | 242 | 18:55.25 | 235 | 233 | 19:03.27 | 59:24.73 | +24:38.02 | 5:39.49 | 10.604 | 44 | VRO | GENT |
| 234. | 896 | NEYENS Jules | 69 | | | 248 | 22:06.70 | 221 | 18:22.00 | 240 | 231 | 19:02.27 | 59:30.99 | +24:44.28 | 5:40.09 | 10.585 | 182 | HER | BLANKENBERGE |
| 235. | 897 | F MEYERS Nancy | 48 | | | 247 | 22:06.69 | 220 | 18:21.77 | 239 | 232 | 19:03.26 | 59:31.73 | +24:45.03 | 5:40.16 | 10.583 | 45 | VRO | BLANKENBERGE |
| 236. | 788 | F VANLERBERGHE Liesbet | 35 | | | 242 | 21:40.72 | 240 | 18:52.99 | 242 | 239 | 19:11.25 | 59:44.97 | +24:58.26 | 5:41.42 | 10.544 | 46 | VRO | BRUGGE |
| 237. | 737 | F VAN LOOCKE Gerda | 55 | | | 243 | 21:41.21 | 239 | 18:52.50 | 243 | 241 | 19:12.26 | 59:45.98 | +24:59.27 | 5:41.52 | 10.541 | 47 | VRO | BRUGGE |
| 238. | 681 | F VERMEIRE Sabine | 41 | | | 239 | 21:37.71 | 244 | 18:57.75 | 244 | 243 | 19:16.01 | 59:51.47 | +25:04.77 | 5:42.04 | 10.525 | 48 | VRO | KNOKKE-HEIST |
| 239. | 678 | VAN EEGHEM Philip | 32 | | | 226 | 21:09.44 | 253 | 19:18.02 | 238 | 246 | 19:31.75 | 59:59.22 | +25:12.51 | 5:42.78 | 10.502 | 183 | HER | KNOKKE-HEIST |
| 240. | 701 | F BLOES Fabienne | 44 | | | 256 | 22:11.19 | 241 | 18:53.02 | 249 | 227 | 18:55.27 | 59:59.49 | +25:12.78 | 5:42.80 | 10.501 | 49 | VRO | KNOKKE-HEIST |
| 241. | 919 | F VAN EEGHEM Pascale | 39 | | | 227 | 21:10.19 | 250 | 19:15.01 | 236 | 247 | 19:34.29 | 59:59.50 | +25:12.79 | 5:42.81 | 10.501 | 50 | VRO | KNOKKE-HEIST |
| 242. | 10 | OOSTERLYNCK Heinz | 44 | | | 214 | 20:43.44 | 255 | 19:34.26 | 233 | 251 | 19:47.76 | 1:00:05.47 | +25:18.77 | 5:43.37 | 10.484 | 184 | HER | HEIST-AAN-ZEE |
| 243. | 792 | DE GROOTE Piet | 45 | | | 258 | 22:14.94 | 238 | 18:38.27 | 247 | 242 | 19:14.50 | 1:00:07.72 | +25:21.02 | 5:43.59 | 10.478 | 185 | HER | KNOKKE-HEIST |
| 244. | 691 | OLIVIER Van Caeyzeele | 39 | | | 169 | 19:18.19 | 254 | 19:32.27 | 221 | 264 | 21:17.50 | 1:00:07.97 | +25:21.26 | 5:43.61 | 10.477 | 186 | HER | KNOKKE-HEIST |
| 245. | 916 | F BELLEMANS Valerie | 36 | | | 253 | 22:08.46 | 247 | 19:09.49 | 251 | 235 | 19:05.51 | 1:00:23.47 | +25:36.77 | 5:45.09 | 10.432 | 51 | VRO | KNOKKE-HEIST |
| 246. | 833 | F JANSSENS Dina | 54 | | | 240 | 21:38.20 | 251 | 19:15.51 | 248 | 248 | 19:34.75 | 1:00:28.47 | +25:41.77 | 5:45.56 | 10.418 | 52 | VRO | ASSEMBROEK |
| 247. | 906 | F VERWEIJ Karin | 28 | | | 235 | 21:34.46 | 252 | 19:16.49 | 246 | 252 | 19:50.27 | 1:00:41.23 | +25:54.52 | 5:46.78 | 10.381 | 53 | VRO | ZEEUWS VLAANDEREN |
| 248. | 856 | F VAN HOUTTE Veronique | 38 | | | 255 | 22:09.96 | 249 | 19:10.49 | 252 | 249 | 19:42.27 | 1:01:02.73 | +26:16.02 | 5:48.83 | 10.320 | 54 | VRO | KNOKKE-HEIST |
| 249. | 758 | VALENTIN Michel | 54 | VERKLEE | | 252 | 22:08.46 | 246 | 19:09.26 | 250 | 250 | 19:46.75 | 1:01:04.48 | +26:17.77 | 5:48.99 | 10.315 | 187 | HER | KNOKKE |
| 250. | 889 | RAIS Loic | 11 | | | 268 | 23:42.94 | 248 | 19:09.52 | 264 | 222 | 18:34.25 | 1:01:26.72 | +26:40.01 | 5:51.11 | 10.253 | 6 | JUH | DUDZELE |
| 251. | 680 | ROGGHÉ Daniël | 59 | | | 260 | 22:20.69 | 260 | 20:04.27 | 258 | 237 | 19:06.50 | 1:01:31.47 | +26:44.77 | 5:51.56 | 10.240 | 188 | HER | KNOKKE-HEIST |
| 252. | 757 | F DE SCHEPPER Eline | 21 | | | 254 | 22:09.72 | 256 | 19:37.49 | 253 | 255 | 20:11.25 | 1:01:58.47 | +27:11.77 | 5:54.14 | 10.165 | 55 | VRO | WESTKAPELLE |
| 253. | 768 | BOONEFAES Hans | 47 | | | 245 | 21:46.98 | 258 | 20:01.97 | 254 | 257 | 20:27.79 | 1:02:16.75 | +27:30.04 | 5:55.88 | 10.116 | 189 | HER | SIJSELE DAMME |
| 254. | 840 | F VERCAEMER Catharine | 45 | | | 262 | 22:26.20 | 257 | 20:01.50 | 259 | 254 | 19:58.52 | 1:02:26.23 | +27:39.52 | 5:56.78 | 10.090 | 56 | VRO | KNOKKE-HEIST |
| 255. | 841 | VERHECKE Rudi | 47 | | | 261 | 22:24.95 | 259 | 20:04.03 | 260 | 253 | 19:58.25 | 1:02:27.24 | +27:40.53 | 5:56.88 | 10.087 | 190 | HER | KNOKKE-HEIST |
| 256. | 679 | F DE RESE Linda | 60 | | | 259 | 22:15.94 | 261 | 20:08.26 | 257 | 259 | 20:41.26 | 1:03:05.47 | +28:18.77 | 6:00.52 | 9.986 | 57 | VRO | KNOKKE-HEIST |

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

Tussen 2 Feesten Loop

Knokke, 26 December 2011, BEL

10.5km

Details

| Pos | Nr | Name | Age | Ligue | Team | Lap 1 | | Lap 2 | | Lap 3 | | Age Group | | | | | | | |
|------|-----|--------------------------------|-----|-------|------|-------|------------|-------|----------|-------|------|-----------|-------------------|-------------|---------|-------|------|------|----------------------|
| | | | | | | Pos | Time | Pos | Time Cum | Pos | Time | Time | Gap | TKm | Avg | Rang | Name | City | |
| 257. | 677 | DESTAERCKE Dirk | 41 | | | 244 | 21:43.95 | 264 | 20:30.76 | 256 | 261 | 21:02.50 | 1:03:17.22 | +28:30.51 | 6:01.64 | 9.955 | 191 | HER | <i>KNOKKE HEIST</i> |
| 258. | 617 | ARNO Van Haverbeke | 14 | | | 232 | 21:19.21 | 267 | 20:43.74 | 255 | 263 | 21:15.52 | 1:03:18.48 | +28:31.78 | 6:01.76 | 9.951 | 7 | JUH | <i>WAARSCHOOT</i> |
| 259. | 747 | F NEIRINCKX Marleen | 47 | | | 263 | 22:29.69 | 263 | 20:19.26 | 262 | 262 | 21:07.51 | 1:03:56.47 | +29:09.77 | 6:05.37 | 9.853 | 58 | VRO | <i>KNOKKE</i> |
| 260. | 794 | F DE WILDE Liesbet | 22 | | | 246 | 21:48.20 | 268 | 20:46.25 | 261 | 265 | 21:29.01 | 1:04:03.47 | +29:16.77 | 6:06.04 | 9.835 | 59 | VRO | <i>KNOKKE-HEIST</i> |
| 261. | 721 | F DESMIDT Sibylle | 38 | | | 267 | 23:02.94 | 265 | 20:35.26 | 265 | 259 | 20:41.26 | 1:04:19.47 | +29:32.77 | 6:07.56 | 9.794 | 60 | VRO | <i>KNOKKE-HEIST</i> |
| 262. | 853 | F LAHTI Laura | 33 | | | 265 | 22:39.44 | 271 | 21:24.52 | 266 | 256 | 20:19.00 | 1:04:22.97 | +29:36.27 | 6:07.90 | 9.785 | 61 | VRO | <i>ZEEBRUGGE</i> |
| 263. | 885 | F DE GRAEVE Sylvie | 35 | | | 257 | 22:12.94 | 266 | 20:38.26 | 263 | 266 | 21:35.26 | 1:04:26.47 | +29:39.77 | 6:08.23 | 9.776 | 62 | VRO | <i>KNOKKE-HEIST</i> |
| 264. | 921 | CRUYSMANS Anthony | 25 | | | 266 | 22:45.69 | 269 | 21:18.53 | 267 | 269 | 22:14.25 | 1:06:18.47 | +31:31.77 | 6:18.90 | 9.501 | 192 | HER | <i>KNOKKE-HEIST</i> |
| 265. | 787 | F SAVELS Carine | 50 | | | 272 | 24:57.44 | 270 | 21:24.26 | 268 | 267 | 21:51.01 | 1:08:12.73 | +33:26.02 | 6:29.78 | 9.236 | 63 | VRO | <i>KNOKKE-HEIST</i> |
| 266. | 712 | F DE JONGHE Laurence | 30 | | | 270 | 24:56.95 | 273 | 22:11.51 | 270 | 268 | 22:07.51 | 1:09:15.98 | +34:29.28 | 6:35.80 | 9.095 | 64 | VRO | <i>KNOKKE</i> |
| 267. | 854 | F SCHOUPE Britt | 24 | | | 271 | 24:57.21 | 274 | 22:29.75 | 271 | 272 | 23:25.27 | 1:10:52.23 | +36:05.53 | 6:44.97 | 8.889 | 65 | VRO | <i>HEIST-AAN-ZEE</i> |
| 268. | 713 | F VAN DRIESSCHE Tatjana | 27 | | | 273 | 25:37.70 | 277 | 22:48.01 | 273 | 270 | 22:51.26 | 1:11:16.98 | +36:30.27 | 6:47.33 | 8.838 | 66 | VRO | <i>BRUGGE</i> |
| 269. | 827 | EHRENFREUND Benjamin | 71 | | | 274 | 25:43.94 | 276 | 22:41.51 | 272 | 271 | 22:52.26 | 1:11:17.73 | +36:31.02 | 6:47.40 | 8.836 | 193 | HER | <i>ANTWERPEN</i> |
| 270. | 714 | VERKINDEREN Michel | 31 | | | 276 | 27:13.45 | 278 | 23:56.51 | 275 | 273 | 24:42.26 | 1:15:52.23 | +41:05.52 | 7:13.54 | 8.304 | 194 | HER | <i>KNOKKE-HEIST</i> |
| 271. | 2 | F PEIRSMAN Isabel | 39 | | | 277 | 30:46.95 | 279 | 27:08.02 | 276 | 274 | 27:34.01 | 1:25:29.00 | +50:42.29 | 8:08.47 | 7.370 | 67 | VRO | <i>KNOKKE-HEIST</i> |
| 272. | 536 | DESMIDT Ivan | 39 | | | 278 | 59:48.20 | 25 | 13:05.24 | 277 | 30 | 13:18.02 | 1:26:11.47 | +51:24.77 | 8:12.52 | 7.309 | 195 | HER | <i>SINT-ANDRIES</i> |
| 272. | 536 | DESMIDT Ivan | 39 | | | 278 | 59:48.20 | 25 | 13:05.24 | 277 | 30 | 13:18.02 | 1:26:11.47 | +51:24.77 | 8:12.52 | 7.309 | 195 | HER | <i>SINT-ANDRIES</i> |
| 273. | 611 | BELFORTE Georges | 44 | | | 280 | 1:07:10.96 | 122 | 15:43.49 | 279 | 124 | 15:30.51 | 1:38:24.96 | +1:03:38.26 | 9:22.37 | 6.401 | 196 | HER | <i>BLANKENBERGE</i> |
| 273. | 611 | BELFORTE Georges | 44 | | | 280 | 1:07:10.96 | 122 | 15:43.49 | 279 | 124 | 15:30.51 | 1:38:24.96 | +1:03:38.26 | 9:22.37 | 6.401 | 196 | HER | <i>BLANKENBERGE</i> |
| 274. | 549 | MUSEEUW Samuel | 37 | | | 279 | 1:03:56.19 | 181 | 17:21.26 | 278 | 196 | 17:37.77 | 1:38:55.23 | +1:04:08.52 | 9:25.26 | 6.369 | 197 | HER | <i>JABBEKE</i> |
| 274. | 549 | MUSEEUW Samuel | 37 | | | 279 | 1:03:56.19 | 181 | 17:21.26 | 278 | 196 | 17:37.77 | 1:38:55.23 | +1:04:08.52 | 9:25.26 | 6.369 | 197 | HER | <i>JABBEKE</i> |
| DNF | 818 | DEWEERDT Pascal | 45 | | | 117 | 17:40.19 | 132 | 15:54.51 | 123 | - | | | | | | - | HER | <i>OUDENAARDE</i> |
| DNF | 790 | F VERHELST Pascale | 34 | | | 129 | 18:08.94 | 161 | 16:43.51 | 143 | - | | | | | | - | VRO | <i>RAMSKAPELLE</i> |
| DNF | 676 | F BULTYNCK Karin | 35 | | | 174 | 19:29.94 | 183 | 17:22.26 | 174 | - | | | | | | - | VRO | <i>KNOKKE-HEIST</i> |
| DNF | 707 | F ROSE Pirelli | 37 | | | 269 | 24:10.99 | 275 | 22:40.97 | 269 | - | | | | | | - | VRO | <i>ANTWERPEN</i> |
| DNF | 928 | F CALLENS Marie-Eline | 16 | | | 275 | 26:29.19 | 272 | 21:58.77 | 274 | - | | | | | | - | VRO | <i>KNOKKE-HEIST</i> |
| DNF | 903 | VERBEKE Karel | 20 | | | 264 | 22:30.20 | - | - | - | - | | | | | | - | HER | <i>SINT-LAUREINS</i> |
| DNF | 726 | F CAUWE Vicky | 36 | | | - | - | - | - | - | - | | | | | | - | VRO | <i>KNOKKE-HEIST</i> |
| DNF | 685 | SPYSSCHAERT Dirk | 43 | | | - | - | - | - | - | - | | | | | | - | HER | <i>KNOKKE HEIST</i> |
| DNF | 686 | GUIDEE Christiaan | 47 | | | - | - | - | - | - | - | | | | | | - | HER | <i>BRUGGE</i> |
| DNF | 1 | DUJARDIN Kurt | 53 | | | - | - | - | - | - | - | | | | | | - | HER | <i>KNOKKE-HEIST</i> |

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h